Original Research

Standard Operating Procedure Of *Naga Shodhana* and Study Of Chemical Changes In The Media And *Shodhita Naga*

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Abstract:

Introduction: *Shodhana* (purification) of metals and minerals is a most important step before preparing their *bhasma* (incinerated powder). *Shodhana* treatment removes the soluble, evaporable and washable impurities from metal/mineral and also adds some organic materials which from chemical point of view may be considered as impurities but pharmacological point of view prove beneficial by reducing their toxicity to the great extent. There is need to develop some standard parameters to ensure proper *shodhana*. This can be achieved by developing standard operating procedure (SOPs) for every step of *shodhana*. Thus an attempt has been made to introduce SOPs for *Naga shodhana*.

Aim: To develop SOP for *Naga shodhana*, to study the physic-chemical changes in the media used for *shodhana* and assess the chemical change in *shodhita Naga*.

Method: Naga Samanya and Vishesha shodhana was done according to the reference of Sharangadhara samhita and Rasatarangini respectively. Physico-chemical analysis of shodhana media was done before quenching and after quenching of melted Naga. Analysis of ashuddha Naga (raw lead) and Vishesh shodhit Naga was done by purity testing, FTIR (Fourier Transform Infrared Spectrometry) and TGA (Thermogravimetric Analysis).

Result and conclusion: *Ashuddha Naga* was 99.80 % pure whereas *Shodhita Naga* was 99.40 % pure. pH, Specific gravity and total solid content of each media was increased after quenching of melted *Naga*. Up to complete *shodhana* average loss occurred was 6.26 %. Melting point of *Naga* slightly increased from 327.46 °C to 328.42 °C. FTIR analysis of *ashuddha Naga* showed sharp peaks indicating stretching vibrations between various inorganic molecules while in *shodhita Naga* stretching vibrations between C-H and C-N were observed which are assigned to presence of alkyl compounds specifically methyl bond. The report of TGA shows the presence of non-volatile organic compounds in the *shodhita Naga* due to repeated quenching in different media.

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Introduction:

Historically *shodhana* concept was in existence since the time of *Charaka samhita* as while enumerating the fundamentals necessary of *Gunantaradhana*.^[1] The concept has further developed after the development of *Rasashastra* in the field of *Ayurvedic* medicine. As in *Rasashastra* generally the metals/minerals and some time few drugs of poisonous nature are found used which are likely to contain some toxic effect also. Hence with a view to remove or minimize their toxicity and to make them suitable for further process a number of *shodhana* procedures have been found evolved which are considered helpful in reducing the toxic effect of these drugs. The metallic preparations occupies significant seat in *Ayurvedic* pharmacopoeia. The frequently used metals in *Ayurvedia* includes Parada (mercury), Swarna (gold), Rajata (silver), Tamra (copper), Loha (iron), Naga (lead) and Vanga (tin). The metallic preparations are used in the form of bhasma (incinerated powder) and shodhana is first and most important step before preparing their bhasma. Shodhana of metals is divided in two steps viz samanya shodhana (general purification) and vishesha shodhana (special purification). Samanya shodhana is mostly performed by heating the metal up to red hot stage or up to complete melting then quenching for either three or seven times in each liquid media viz Til taila (sesame oil), Takra (clarified butter), Gomutra (cow urine), Kanji (sour gruel) and Kulattha kwatha (decoction of Dolichos biflorus Linn) respectively. Vishesha shodhana involve similar procedure of heating or quenching but the liquid media is different for different metals.

Conversion of *Naga* into *bhasma* form is quite difficult process due to low melting point of *Naga*. *Shodhana*

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help either in the disintegration of molecules or particles of metal to divide them into finest division and to expose maximum surface area of metal/mineral for further process. It means a well did *shodhana* will definitely helpful for the preparation of *Naga bhasma*. Hence, in present work an attempt has been made to develop SOP of *Naga shodhana*. **Aim and objective:** To develop SOP of *Naga shodhana*, to study the effect of *shodhana* on *shodhit Naga* and to study the physico-chemical changes in the liquid media used for *shodhana*.

Materials and Methods:

Ashuddha Naga, Tila taila, Takra, Gomutra, Kanji, Kulattha seeds, and Churnodaka were used as raw materials. Lead is considered as Naga for their similar characteristics and was collected from Pharmacy, Gujarat Ayurved University, Jamnagar and authenticated as per classical texts mentioned.^[2,3,4] Ashuddha Naga taken for shodhana was tested for Ayurvedic grahya (acceptable) parameters like quick melting, heavy, have bright black surface and gives black line on rubbing over white paper. (Figure 1) The ashuddha Naga was 99.80 % pure. (Table 1) Til taila, Gomutra and Kulattha seeds were procured from local market of Jamnagar. Takra, Kanji, Kulattha kwatha and Churnodaka were prepared by adopting the reference of Sushurata Samhita^[5] Parada Vidyaniya^[6], Sharangadhara Samhita^[7] and Rasatarangini Tarangini^[8] respectively. (Table 2) 6 kg Naga was taken for shodhana and divided into 6 equal batches. It is advised that liquid media should be taken eight times to that of metal^[9] but in present study it was not comfortable due to capacity of available instruments, hence each liquid media were taken double to the Naga (gravimetrically). Quenching was done after complete melting of Naga and caution were taken to avoided physical injury due to bumping of molten Naga. Protection from smoke of media (mainly Tila taila) during heating process was taken by wearing mask. Analysis of all samples (liquid media) was done immediately after the process as they are liable to get spoilt. Time taken for complete melting of Naga was recorded and analysis of each media was done immediately after completing shodhana. DTGA, FTIR and purity of ashuddha and shodhit Naga was tested to access the changes caused due to shodhana.

Samanya shodhana: Samanya shodhana was carried out by three times quenching of melted Naga in Til taila, Takra, Kanji, Gomutra and Kulattha kwatha respectively.^[10] Each time new liquid media was taken. For 1 kg Naga 2 L liquid media was taken. (Figure 1)

Observation and result: During shodhana of Naga flame caught from second time of quenching in Tila taila. (Figure 2 and 3) Pungent smell, hissing sound and a rush of black fumes were observed after quenching and iron ladle turned yellow in colour. (Figure 4) Before first quenching in Takra, flam coughed in melted Naga due to presence of Tila Taila. No significant change in test and odour of all liquid media were observed after quenching. Some part was converted into yellowish powder form after each quenching. Melting time of Naga was gradually increased after shodhana in each media. Shining of Naga was decreased after quenching in Kanji and Gomutra, while it was significantly decreased and blackish ash was observed floating over melted Naga after shodhana in Kulattha kwatha. (Figure 5) Average time taken for melting of Naga in Tila taila, Takra, Kanji, Gomutra, and Kulattha kwatha were 5.24, 5.92, 6.63, 6.74, and 8.33 min respectively. (Table 3 A and B) Slight changes were observed in the colour, odour, pH, SG and total solid content of all media. (Table 4 to 8) Vishesh shodhana: Vishesh shodhana was done by seven times quenching of melted Naga in Churnodaka.^[11] Observation and result: Hissing sound was heard while pouring of melted Naga. Slight shinning was appeared after shodhana in Churnodaka. (Figure 6) 84 L Churnodaka was utilized for complete shodhana of six batches. Average time taken for melting of Naga in Churnodaka was 8.41 min. Slight changes in colour, odour, pH, SG and total solid content of *Churnodaka* was observed. (Table 9)

Discussion:

The *Shodhana* treatments include media of acidic (eg. *Takra, Kanji*) and alkaline nature (eg.*Churnodaka*) and performed by heating followed by quenching into cold liquid media. This makes the metal brittle, reduces particle size and thus exposes maximum drug to the purifying medium. *Naga* was heated and after melting it was poured for 3 times in *Tila taila, Takra, Gomutra, Kanji and Kulattha Kwatha* in order. In some texts seven times quenching is advised. More the number of quenching more will be brittle-

ness and physico-chemical changes in the metal. For seven times quenching more liquid media, time and human effort is required. Therefore an attempt made to reduce the expenditure, time and human effort by adopting the reference of three times quenching.

The media used are slight acidic, acidic, acidic, slight basic, basic and strong basic in order. The order of quenching is changed by various acharyas so the exact reason behind the particular sequence is not explainable. During quenching it was observed that 2 lit. liquid media was sufficient enough for complete immersion of 1 kg Naga. Naga acquired silver luster after each quenching. This may be because impurities of Naga may get attracted towards the chemical components present in the media forming a bond with them. Thus they may get separated. So each time new liquid media was taken. Liquid media may also impart disintegration of which improve the quality of bhasma. Intense heating and sudden dipping may create changes in physical as well as chemical properties of Naga making it suitable for bhasma formation. Gradual increase in melting time is seen while quenching in various liquid media. This may be due to conversion of some part of Naga into powder form (PbO). This powdered Naga absorbs the liquid media during quenching. The liquid media forms a layer around the metallic Naga. When this Naga is heated again, liquid media evaporates first which cause delay in rise of temperature. While heating, powder form of Naga settles at the bottom of the iron ladle. So there is delay in heat transfer from iron ladle to metallic lead causing delay in rise of temperature. According to Avurvedic point of view, after repeated quenching, the heat stability of Naga may increase, causing an increase in time for melting. Some scholars opine that there is increase in melting point of Naga, but analytical study proves that there is no significant increase in the melting point. Although Naga, which gets converted into powder form (PbO) during shodhana, has melting point 888°C. pH, specific gravity and total solid content of each liquid media was slightly increased after quenching of Naga, this may be due to slight alkaline nature of Naga and dissolution of some part of melted Naga or some impurities. Detail analytical study is needed to know the exact reason.

Average 29 gm weight gain was observed after *shodhana* in *Til taila* due to adhesion of *Til taila* while average 41.66, 14.83, 18.05, 15 and 12.66 gm weight loss

was noted after *shodhana* in *Takra*, *Kanji*, *Gomutra*, *Kulattha kwatha* and *Churnodaka* respectively. (Table 10 A and B) *Naga* is slightly soluble in alkaline and acidic media and the strong heating converts some particles of *Naga* into PbO, this may be reason behind weight loss.

The purity of Naga is slightly decreased from 99.80 to 99.40 (Table 11) while the melting point is slightly increased from 327.46 °C (Graph 1) to 328.42 °C (Graph 2) but these differences are not significant. FTIR analysis of ashuddha Naga showed various sharp peaks ranging from 3894 to 444 cm⁻¹ but they are at low transmittance. (Graph 3) These peaks indicate stretching vibrations between various inorganic molecules. While no such sharp peaks are observed in shodhita Naga which indicate significant change in the physico-chemical nature of Naga. (Graph 4) The weak peaks between 1398 to 1400 cm⁻¹ observed in shodhita Naga are assigned to C-H stretching vibration indicative of presence of alkyl compounds specifically methyl bond. A small peak in VSN at 1019.78 cm⁻¹ is due to stretching vibration between C-N and assigned to aliphatic amines. Medium C-H stretching vibration peaks of vinyl compounds are appeared in Shodhita Naga at 838.26 and 872.39 cm⁻ ¹ respectively are indicative of trisubstituted alkenes. TGA revealed increase in the melting point of Naga. The delta Y value for ashuddha and shodhit Naga are 0.146 (Graph 5) and 3.950 (Graph 6) respectively. The delta Y calculation is used to determine the percentages of organic component. Oxidation of organic compounds present in the shodhit Naga samples is indicated by increased value of Delta Y as well as decline occurred in the weight of Naga on heating. The endothermic peaks obtained in ashuddha Naga at 307.05 is due to different gas evolution while no such peak is obtained in shodhita Naga. The report of TGA shows the presence of non-volatile organic compounds in the shodhita Naga due to repeated quenching in different media.

Thus, it is understood that Ayurvedic processing of metals/minerals leads to impartation of organic compounds in respective metal/mineral. Present work is related with development of SOP of *Naga shodhana*, the effect of *shodhana* on *shodhit Naga* and physico-chemical changes in the liquid media used for *shodhana*, but to demonstrate the effect of ayurvedic methods of processing of metals/minerals and to elaborated presence of organic compound

in metals/minerals processed through Ayurvedic method, it is essential to mention some latest research works on Naga bhasma. Mrudula Wadekar et al conducted a comparative study of some representative samples of Naga bhasma from chemical and structural point of view by using XRD, IR and UV spectroscopy and thermogravimetry is reported here. This study showed that the bhasama samples were predominantly crystalline i.e. mixture of PbO Pb₂O₄. XRD data reveled OH and $(CO_2)_2$ group in all samples.^[12,13]S. K. Sing et al found that Naga bhasma contains lead in nanocrystalline (~60 nm) lead sulfide form (Pb2+) associated with the organic contents and different nutrient elements coming from the herbs used during the preparation. X-ray diffraction pattern of the Naga bhasma showed presence of sharp diffraction peaks indicating highly crystalline nature of the drug. Thus the XRD study concludes the presence of nanocrystalline structure of the drug. The TEM image of the drug sample shows spongy like structure with the irregular particle size in the submicron range. The reason is the use of the organic materials. Due to the organic materials from the herbal source in the preparation of the bhasma and heat treatments, the nano size crystallite get agglomerated and give rise to the micro sized particles. These studies confirm that the bhasma are nano-crystallte with submicron size particle.^[14]S. K. Singh and B. Rai in their research work concluded identified the presence of carbonaceous material (hydrogenated amorphous carbon) Naga Bhasma. This study showed that the Ayurvedic process involving repeated heating leads to volatilization of organic compounds (derived from the natural precursors used in the preparation of the medicine) and later conversion into gaseous form, hydrocarbon gases, which first physisorbed and then chemisorbed on to the metallic-particles and thus making organometallic compound form.[15]

Conclusion:

Average loss of 6.26 % occurred in *Naga* during the process. Six liters each liquid media is required for *samanya shodhana* and 14 liters for *vishesha shodhana* of 1 kg *Naga*. Percentage of *Naga* before and after *shodhna* differed from 99.80 to 99.40. Increase in SG and total solid content of *shodhana* media indicate dissolution of some particles of *Naga* or some impurities. Time taken for melting of *Naga* after *shodhana* in each media increased, which was evident by increase in melting point before and after *shodhana* i.e. 327.46 °C to 328.42 °C respectively.

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The report of TGA showed the presence of non-volatile organic compounds in *shodhita Naga*. FTIR analysis of *ashuddha Naga* was evident of inorganic molecules while in *shodhita Naga* various organic functional groups like C-H and C-N were found. Analytical finding of *shodhita Naga* were suggestive of organo-metallic complex formation. **Reference:**

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Table 1:- Purity of Naga before shodhana

| Element | Sn % | Sb % | Bi% | Cu % | As % | Ag % | Zn % | Cd % | Ni % |
|---------|-------|-------|-------|-------|--------|--------|--------|--------|----------|
| Value | 0.131 | 0.432 | 0.130 | 0.033 | 0.0023 | 0.0036 | 0.0004 | 0.0007 | < 0.0001 |
| | | | | | | | | | |

| Element | Ca % | Al % | Au % | Fe % | Na % | P % | S % | Pb % |
|---------|--------|----------|----------|----------|--------|--------|----------|-------|
| Value | 0.0003 | < 0.0001 | < 0.0002 | < 0.0001 | 0.0002 | 0.0068 | < 0.0015 | 99.80 |

Table 2: Ingredients with quantity for preparation of Kanji, Takra, Kulattha kwatha and Churnodaka:

| Sr.no | Media | Name of Ingredient | Quantity of Ingredient | Yield |
|-------|-------------------|------------------------|------------------------|---------|
| 1. | | Rice grains | 4 kg | |
| 2. | Kanji | Water | 50 L | 36 lit |
| 3. | | Mustard oil | 50 ml | |
| 4. | Takra | Curd | 8 L | 40 lit |
| 5. | Ιακια | Water | 32 L | 40 III |
| 6. | Kulattha kwatha | Kulattha seeds | 10 kg | 40 I it |
| 7. | Καιατικά κινατικά | Water | 160 L | 40 LII |
| 8. | Churnodaka | Sudha (Lime) churna | 10 kg | 85 I |
| 9. | Спитновики | Potable Drinking water | 80 L | |

| Batch | | Til Taila | | | Takra | | Kanji | | | |
|---------|------------|------------|------------|------------|------------|------------|------------|------------|------------|--|
| Datti | $1^{st} Q$ | $2^{nd} Q$ | $3^{rd} Q$ | $1^{st} Q$ | $2^{nd} Q$ | $3^{rd} Q$ | $1^{st} Q$ | $2^{nd} Q$ | $3^{rd} Q$ | |
| 1 | 10 | 5.10 | 5.05 | 12.05 | 6.12 | 5.25 | 10.15 | 6.20 | 6.10 | |
| 2 | 5.15 | 4.50 | 5.15 | 5.10 | 5.14 | 5.10 | 6.40 | 6.35 | 6.45 | |
| 3 | 5.10 | 5.10 | 4.35 | 6.05 | 5.45 | 5.30 | 6.25 | 6.30 | 6.45 | |
| 4 | 5.25 | 5.20 | 5.12 | 5.40 | 6.10 | 6.10 | 6.40 | 7.00 | 6.50 | |
| 5 | 4.55 | 5.10 | 5.10 | 5.35 | 5.30 | 5.55 | 6.45 | 6.20 | 6.50 | |
| 6 | 5.10 | 4.45 | 5.10 | 5.40 | 6.40 | 5.55 | 7.00 | 6.30 | 6.35 | |
| Average | 5.85 | 4.90 | 4.97 | 6.55 | 5.75 | 5.47 | 7.10 | 6.39 | 6.39 | |

Table 3 (A): Average time taken for quenching of Naga during Samanya and Vishesh Shodhana (min)

*Q=Quenching

Table 3 (B) Average time taken for quenching of *Naga* during *Samanya* and *Vishesh Shodhana* (min)

| Datah | G | omutra | a | Kulat | tha kw | atha | | | Ch | urnod | aka | | |
|---------|-------------------|------------|------------|-------------------|------------|------------|------------|------------|------------|-------------------|-------------------|-------------------|-------------------|
| Datch | 1 st Q | $2^{nd} Q$ | $3^{rd} Q$ | 1 st Q | $2^{nd} Q$ | $3^{rd} Q$ | $1^{st} Q$ | $2^{nd} Q$ | $3^{rd} Q$ | $4^{\text{th}} Q$ | $5^{\text{th}} Q$ | $6^{\text{th}} Q$ | $7^{\text{th}} Q$ |
| 1 | 11.00 | 6.50 | 6.45 | 13.00 | 7.36 | 8.00 | 14 | 7.45 | 8.23 | 8.35 | 9.00 | 8.45 | 8.58 |
| 2 | 7.00 | 6.40 | 6.45 | 8.10 | 8.12 | 8.35 | 9.05 | 9.10 | 8.85 | 9.15 | 9.10 | 8.90 | 9.2 |
| 3 | 6.50 | 6.55 | 7.00 | 7.55 | 8.05 | 8.15 | 8.40 | 8.5 | 9.10 | 8.40 | 8.55 | 8.45 | 8.5 |
| 4 | 6.20 | 6.35 | 6.30 | 8.00 | 8.15 | 8.00 | 8.45 | 8.60 | 9.25 | 8.90 | 8.90 | 8.70 | 9.85 |
| 5 | 6.45 | 6.32 | 6.57 | 8.20 | 8.10 | 8.25 | 9.22 | 8.60 | 8.50 | 9.30 | 8.95 | 8.90 | 8.95 |
| 6 | 6.45 | 6.32 | 6.57 | 8.16 | 8.20 | 8.37 | 9.15 | 8.90 | 9.20 | 9.35 | 9.37 | 9.50 | 9.55 |
| Average | 7.26 | 6.40 | 6.55 | 8.83 | 7.99 | 8.18 | 9.71 | 8.52 | 8.85 | 8.90 | 8.97 | 8.81 | 9.10 |

 Table 4: Physicochemical properties of *Tila taila* before and after *Shodhana* :

| Tes t | Co | lour | Od | our | р | H | Refra inc | active lex | Ac val | cid lue | S. | G. | Total con | solid tent |
|----------------------|-----------|-----------------------|-------------|-----------------------|----------|----------|--------------|---------------|-----------|------------|------------|------------|--------------|---------------|
| | BQ | AQ | BQ | AQ | B Q | A Q | BQ | AQ | B Q | A Q | BQ | AQ | BQ | AQ |
| 1 st Q | Brow n | Blackis h Brown | Typic al | Slight Burnin g | 6.6 6 | 6.1 1 | 1.61 4 | 1.61 5 | 4.7 0 | 4.3 2 | 0.918 8 | 0.920 1 | 0.00 6 | 0.06 5 |
| 2 nd Q | Brow n | Blackis h Brown | Typic al | Slight Burnin g | 6.6 6 | 6.0 9 | 1.61 4 | 1.61 6 | 4.7 0 | 4.3 6 | 0.918 8 | 0.921 7 | 0.00 6 | 0.06 0 |
| 3 rd Q | Brow n | Blackis h Brown | Typic al | Slight Burnin g | 6.6 6 | 6.0 8 | 1.61 4 | 1.16 7 | 4.7 0 | 4.3 5 | 0.918 8 | 0.920 1 | 0.00 6 | 0.06 8 |

*BQ=Before quenching, AQ=After quenching, S.G.=Specific gravity

Rajput Dhiraj Singh et. al : Standard Operating Procedure of Naga Shodhana Table 5: Physico-chemical properties of *Takra* before and after *Shodhana* :

| Test | Co | olour | Od | our | Та | ste | p | H | S. | G. | Tota con | l solid itent |
|-------------------|-------|--------------------|---------|---------|--------|--------|------|------|--------|--------|-------------|------------------|
| | BQ | AQ | BQ | AQ | BQ | AQ | BQ | AQ | BQ | AQ | BQ | AQ |
| 1 st Q | Milky | Slight Blackish | Typical | Typical | Acidic | Acidic | 5.08 | 5.09 | 1.0067 | 1.0088 | 0.07 | 0.110 |
| 2 nd Q | Milky | Slight Blackish | Typical | Typical | Acidic | Acidic | 5.08 | 6.2 | 1.0067 | 1.0091 | 0.07 | 0.114 |
| 3 rd Q | Milky | Slight Blackish | Typical | Typical | Acidic | Acidic | 5.08 | 6.1 | 1.0067 | 1.0092 | 0.07 | 0.112 |

Table 6: Physico-chemical properties of Kanji before and after Shodhana :

| Test | Colou | ır | Od | our | Та | ste | р | H | S | .G. | Total con | solid tent |
|----------------------|----------------------|-----------------|----------------|----------------|--------|--------|----|-----|-------|--------|--------------|---------------|
| | BQ | AQ | BQ | AQ | BQ | AQ | BQ | AQ | BQ | AQ | BQ | AQ |
| 1 st Q | Transparent milky | Turbid milky | Amla Gandha | Amla Gandha | Acidic | Acidic | 3 | 3 | 1.009 | 1.0112 | 0.102 | 0.138 |
| 2 nd Q | Transparent milky | Turbid milky | Amla Gandha | Amla Gandha | Acidic | Acidic | 3 | 3.5 | 1.009 | 1.0115 | 0.102 | 0.141 |
| 3 rd Q | Transparent milky | Turbid milky | Amla Gandha | Amla Gandha | Acidic | Acidic | 3 | 3.5 | 1.009 | 1.0119 | 0.102 | 0.140 |

 Table 7: Physicochemical properties of Gomutra before and after Shodhana :

| Test | Co | lour | Od | our | Та | ste | р | Н | S. | G. | Total solid content | |
|-------------------|----------------|--------------------|---------|-------------------|-----------------|-----------------|-----|-----|--------|--------|------------------------|-------|
| | BQ | AQ | BQ | AQ | BQ | AQ | BQ | AQ | BQ | AQ | BQ | AQ |
| 1 st Q | Pale Yellow | Slight blackish | Typical | Slight burning | Slight Salty | Slight Salty | 7.5 | 7.5 | 1.0252 | 1.0269 | 0.086 | 0.115 |
| 2 nd Q | Pale Yellow | Slight blackish | Typical | Slight burning | Slight Salty | Slight Salty | 7.5 | 7.5 | 1.0252 | 1.0274 | 0.086 | 0.121 |
| 3 rd Q | Pale Yellow | Slight blackish | Typical | Slight burning | Slight Salty | Slight Salty | 7.5 | 7.5 | 1.0252 | 1.0279 | 0.086 | 0.118 |

Tes **Total solid** Colour Odour Taste pН **S.G.** content t B BQ BQ BQ AQ BQ BQ AQ AQ AQ AQ AQ Q Slight 0.13 0.18 Blackis 1st Kashay Kashay 1.035 Brow Typica 1.035 5.2 h burnin 5.7 6 4 Q 1 а а 9 6 n Brown g Blackis Slight 0.13 0.19 2^{nd} Brow Kashay Kashay Typica 1.035 1.036 h burnin 5.2 5.5 6 0 Q а а 9 n 1 1 Brown g Blackis Slight 0.13 0.18 3rd Kashay Kashay 1.035 1.036 Brow Typica 6.0 5.2 h burnin 6 5 Q а а 9 8 1 0 n Brown g

Rajput Dhiraj Singh et. al : Standard Operating Procedure of Naga Shodhana Table 8: Physico-chemical properties of *Kulattha Kwatha* before and after *Shodhana* :-

Table 9: Physico-chemical properties of Churnodak before and after Shodhana

| Test | Co | olour | 0 | dour | р | H | S. | G. | Total con | solid tent |
|-------------------|---------------|--------------------|------------------|------------------|-------|-------|--------|--------|--------------|---------------|
| | BQ | AQ | BQ | AQ | BQ | AQ | BQ | AQ | BQ | AQ |
| 1 st Q | Mild Milky | Slight Blackish | Non- specific | Non- specific | 10.75 | 10.98 | 1.0019 | 1.0023 | 0.095 | 0.177 |
| 2 nd Q | Mild Milky | Slight Blackish | Non- specific | Non- specific | 10.75 | 10.87 | 1.0019 | 1.0031 | 0.095 | 0.185 |
| 3 rd Q | Mild Milky | Slight Blackish | Non- specific | Non- specific | 10.75 | 10.90 | 1.0019 | 1.0030 | 0.095 | 0.180 |

Table 10 (A):- Weight of Naga before and after Samanya and Vishesha Shodhana

| Rotch | | Tila Taila | ļ | | Takra | | | Kanji | |
|---------|--------|------------|-------------|------|-------|-------------|-------|-------|-------------|
| no. | BS (g) | AS(g) | % change | BS | AS(g) | % change | BS | AS | % change |
| Ι | 1000 | 1000 | 0 | 1000 | 979 | 0.9 | 979 | 970 | 0.91 |
| 1I | 1000 | 1009 | 0.9 | 1009 | 930 | 0.93 | 930 | 910 | 0.21 |
| III | 1000 | 1069 | 6.9 | 1069 | 994 | 0.92 | 994 | 972 | 1.20 |
| IV | 1000 | 1030 | 3.0 | 1030 | 985 | 0.95 | 985 | 979 | 0.60 |
| V | 1000 | 1020 | 2.0 | 1020 | 993 | 0.97 | 993 | 981 | 0.90 |
| VI | 1000 | 1046 | 4.6 | 1046 | 997 | 0.99 | 997 | 982 | 1.30 |
| Average | 1000 | 1029 | 2.9 | 1029 | 979.6 | 0.943 | 979.6 | 965.6 | 0.853 |

*BS=Before shodhana, AS=After shodhana

Rajput Dhiraj Singh et. al : Standard Operating Procedure of Naga Shodhana Table 10 (B):- Weight of *Naga* before and after *Samanya* and *Vishesha Shodhana*

| | | Wt. of <i>Naga</i> before and after <i>shodhana</i> | | | | | | | | | |
|---------|-------|---|--------|--------|----------|--------|-----|----------|--------|--|--|
| Botch | (| Go-mutra | a | Kula | ittha Kw | atha | C | Churnoda | k | | |
| Datch | BS | 45 | % | BS | 15 | % | BS | 15 | % | | |
| 110. | 03 | AB | change | 00 | Ab | change | 03 | Ab | change | | |
| Ι | 970 | 946 | 2.47 | 946 | 940 | 0.52 | 940 | 935 | 0.53 | | |
| 1I | 910 | 887 | 2.52 | 887 | 876 | 1.24 | 876 | 872 | 0.45 | | |
| III | 972 | 963 | 0.92 | 963 | 921 | 4.06 | 921 | 988 | 0.72 | | |
| IV | 979 | 961 | 1.83 | 961 | 948 | 1.25 | 948 | 944 | 0.42 | | |
| V | 981 | 964 | 1.73 | 964 | 950 | 1.45 | 945 | 940 | 0.52 | | |
| VI | 982 | 962 | 2.03 | 962 | 951 | 0.93 | 950 | 945 | 0.52 | | |
| Average | 965.6 | 947.16 | 1.916 | 947.16 | 931 | 1.57 | 930 | 937.33 | 0.526 | | |

 Table 11:- Purity testing of Naga after shodhana

| Element | Sn % | Sb % | Bi% | Cu % | As % | Ag % | Zn % | Cd % | Ni % |
|---------|--------|----------|----------|----------|--------|--------|----------|----------|----------|
| Value | 0.0330 | 0.119 | < 0.005 | 0.0013 | 0.0003 | 0.0003 | 0.0006 | < 0.0001 | < 0.0001 |
| | | | | | | | | | |
| Element | Ca % | Al % | Au % | Fe % | Na % | Р% | S % | Pb % | |
| Value | 0.0003 | < 0.0001 | < 0.0006 | < 0.0001 | 0.0001 | 0.0068 | < 0.0015 | 99.40 | |

Graphs:-



Graph 1: Melting point of Ashuddha Naga (TGA)



Graph 2: Melting point of Shodhita Naga (TGA)



Graph 3: FTIR analysis of Ashuddha Naga



Graph 5: Delta peak of *Ashuddha Naga* (TGA)



Draph 4: FTIR analysis of Shodhita Naga



Graph 6: Delta peak of *Shodhita Naga* (TGA)

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